

January 12, 2016

Dr. Timothy R. Elliott, *Editor*

Journal of Clinical Psychology

Dr. Elliott,

We are writing for you to consider our manuscript, entitled “A Meta-Analysis of Expressive Writing on Quality of Life and Posttraumatic Growth” for publication at the *Journal of Clinical Psychology.* The meta-analysis covers current literature on the relationship that expressive writing has positive psychology outcomes, specifically quality of life and posttraumatic growth. We found that the literature in this area shows small, typically nonsignificant, effects, but that the studies are considerably underpowered. Given the current interest in replication in psychology, as well as the clinical psychology focus, we believe your journal is a good fit for the article.

All our research practices were in compliance with the Standard 8 of the American Psychological Association’s Ethical Principles of Psychologist and Code of Conduct. My co-authors and I have no industry affiliations, and we have no conflicts of interest to disclose. There is no overlap between the contents of this manuscript and any other published materials or materials in press. Portions of the content of the manuscript were submitted as a poster presentation to the annual Southwestern Psychological Association Conference, but this manuscript is not under review at any other journal. All authors have seen and approved this version of the manuscript. All authors understand that the copyright to the pertinent manuscript will be transferred to the *Journal of Clinical Psychology*. All authors are also familiar with the submission guidelines for this particular journal.

We very much appreciate your consideration of our submission. If there is anything else that we can do to assist you regarding this submission, please do not hesitate to contact me at the email address listed below.

Best,

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